

Biography

Adam Markel is a #1 Wall Street Journal, USA Today, and Los Angeles Times bestselling author of *PIVOT: The Art & Science of Reinventing Your Career and Life*A sought-after keynote speaker, emcee and workshop facilitator, Adam has reached tens of thousands worldwide by sharing his insights and research to develop greater levels of Resilience.

An attorney, CEO and executive mentor, Adam is a business culture-change catalyst who guides organizations and individuals to create the optimal environment for people to be at their best.

In his most recent book *Change Proof: Leveraging the Power of Uncertainty to Build Long-Term Resilience,* Adam reveals the 4 specific areas of incremental growth that are required to succeed over time as well as tangible, repeatable strategies that readers can use, personally and professionally, to center themselves for better performance in the face of change.

Adam is currently the CEO of the More Love Media Group, a TEDx speaker and influencer, and host of *The Conscious PIVOT Podcast* facilitating insightful discussions with business leaders and innovators on strategies to pivot effectively in today's disruptive marketplace.